Collaborating To End Homelessness

CABHI (Cooperative Agreement to Benefit Homeless Individuals)
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Lincoln, NE
What is CABHI?

• Three-year SAMHSA Grant

• Services only
CABHI Process

Identified:
• Coordinated Entry: Most Vulnerable

Outreach:
• Invitation

Services:
• Verify eligibility
• Menu of services
• Referrals

Housing
• OHP - Centerpointe
• RAP –Region V Systems
What makes the magic happen?

Interagency Collaboration
CABHI Direct Agencies

- Region V Systems
  - Grant Coordination
  - Housing
- Mental Health Association of NE
  - Supportive Employment
  - Benefit Analysis
- CenterPointe
  - Outreach
  - Case Management
  - Peer Support
  - Medication Management
  - Out Patient Mental Health Services
  - Out Patient Substance Dep. Services
  - Mental Health/Substance Dep. Evals
- NU - PPC

Weaving Peer Support with other services
Partnering Agencies

UNL-CCFL Veterans Affairs
Food Bank
Job Outfitters
Keya House

Community Action Partnership
Catholic Social Services
Fresh Start Home
General Assistance
Lancaster County Health Dept.
Lancaster County Probation
Legal Aid of Nebraska
Lincoln Housing Authority
Lincoln Police Dept.
Matt Talbot Kitchen and Outreach
Social Security Administration
Goodwill Industries
Vocational Rehabilitation

People’s City Mission
The Bridge
Crisis Center
R.E.A.L.
Salvage Warehouse
Once enrolled, no demographic differences have been identified for:

- Program dropout
- Eviction
- Treatment success
- Ancillary outcomes
  - Employment
  - Income

<table>
<thead>
<tr>
<th>Demographic Characteristic</th>
<th>General Adult Population</th>
<th>Lincoln CABHI Intake</th>
</tr>
</thead>
<tbody>
<tr>
<td>Race</td>
<td></td>
<td></td>
</tr>
<tr>
<td>African American or Black</td>
<td>3.9</td>
<td>18.2</td>
</tr>
<tr>
<td>American Indian or Alaska Native</td>
<td>0.6</td>
<td>7.3</td>
</tr>
<tr>
<td>Asian</td>
<td>4.5</td>
<td>1.8</td>
</tr>
<tr>
<td>Native Hawaiian or Pacific Islander</td>
<td>0.1</td>
<td>1.8</td>
</tr>
<tr>
<td>White Non-Hispanic</td>
<td>89.2</td>
<td>65.5</td>
</tr>
<tr>
<td>Two or more races</td>
<td>1.7</td>
<td>5.5</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>5.3</td>
<td>1.8</td>
</tr>
<tr>
<td>Age</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18 to 24 years old</td>
<td>19.6</td>
<td>3.4</td>
</tr>
<tr>
<td>25 to 34 years old</td>
<td>24.5</td>
<td>16.9</td>
</tr>
<tr>
<td>35 to 44 years old</td>
<td>19.7</td>
<td>35.6</td>
</tr>
<tr>
<td>45 to 54 years old</td>
<td>18.0</td>
<td>23.7</td>
</tr>
<tr>
<td>55 to 64 years old</td>
<td>18.2</td>
<td>20.3</td>
</tr>
<tr>
<td>Female</td>
<td>50.2</td>
<td>24.1</td>
</tr>
<tr>
<td>Veteran</td>
<td>7.0</td>
<td>3.4</td>
</tr>
</tbody>
</table>

*Denotes significant difference from general adult population in Lincoln, NE.

~GPRA age range asks 18 to 24 years old; Census data is age range 20 to 24 years old; youngest client is 21 years old.
Daily Living Activities-20 (DLA-20)

Average DLA-20 Score increased over time in program
• Between the first and second quarters*
• Again between the third and fourth quarters*

*Quarters are client quarters in program, calculated from client intake date, not calendar quarters

<table>
<thead>
<tr>
<th></th>
<th>First Quarter</th>
<th>Second Quarter</th>
<th>Third Quarter</th>
<th>Fourth Quarter</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean DLA-20 Score</td>
<td>2.1</td>
<td>3.3</td>
<td>3.3</td>
<td>3.5</td>
</tr>
</tbody>
</table>

Note. Ratings were based on a scale of 1 = None of the time/Extremely severe impairment; 2 = A little of the time/Severe impairment; 3 = Occasionally/Moderately severe impairment; 4 = Some of the time/Moderate impairment; 5 = A good bit of the time/Mild impairment; 6 = Most of the time/Very mild impairment; 7 = All of the time/No impairment; scores =>5 indicate functioning “within normal limits.” Means with the same color do not differ from each other, but do differ from groups with another color; darker colors indicate a significantly higher mean.
DLA-20 Sub-Scales

Increase on 12 of the items from the first to fourth quarter*

*Quarters are client quarters in program, calculated from client intake date, not calendar quarters

<table>
<thead>
<tr>
<th></th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>First Quarter</td>
</tr>
<tr>
<td>Housing stability</td>
<td>2.1</td>
</tr>
<tr>
<td>Communication</td>
<td>2.8</td>
</tr>
<tr>
<td>Safety</td>
<td>2.9</td>
</tr>
<tr>
<td>Managing time</td>
<td>2.7</td>
</tr>
<tr>
<td>Nutrition</td>
<td>3.0</td>
</tr>
<tr>
<td>Family relationships</td>
<td>2.8</td>
</tr>
<tr>
<td>Alcohol/drug use</td>
<td>2.5</td>
</tr>
<tr>
<td>Leisure</td>
<td>2.3</td>
</tr>
<tr>
<td>Community resources</td>
<td>3.1</td>
</tr>
<tr>
<td>Productivity</td>
<td>2.0</td>
</tr>
<tr>
<td>Coping skills</td>
<td>2.4</td>
</tr>
<tr>
<td>Behavior norms</td>
<td>3.1</td>
</tr>
</tbody>
</table>

Note. Means with the same color do not differ from each other, but do differ from groups with another color. Darker colors indicate a significantly higher mean; scores =>5 indicates functioning “within normal limits.” Means with the same color do not differ from each other, but do differ from groups with another color; darker colors indicate a significantly higher mean.

^Productivity scores in the second quarter were not different from the third and fourth quarters; however, the third and fourth quarters were different from each other due to a lower score in the third quarter.
Nearly two-thirds (64%) of clients are initially housed within 1 month of intake.

Average time from intake to housing placement is 34 days.

Over two-thirds (70%) of currently enrolled clients remain in their original housing.

All clients (discharged and in program) were housed for 72% of their time in CABHI.

- Six clients had 0% of time in CABHI housed:
  - One was newly enrolled and still looking for housing
  - Four self-resolved before finding housing
  - One was found to be ineligible for the program

<table>
<thead>
<tr>
<th>Time to Move-In</th>
<th>Count</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 month or less</td>
<td>39</td>
<td>63.9</td>
</tr>
<tr>
<td>1 to 2 months</td>
<td>14</td>
<td>23.0</td>
</tr>
<tr>
<td>2 or more months</td>
<td>8</td>
<td>13.1</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>61^</td>
<td>100.0</td>
</tr>
</tbody>
</table>

^10 clients excluded from analysis as they were in housed through a housing program when they were enrolled in CABHI.
Housing Loss: repeating the cycle

- Guests
- Problems with neighbors
- Police contact
- Damage
- Illegal activity
- No contact with Support people
Reasons for Discharge

- Graduation: 39.6%
- Nonparticipation: 16.7%
- Violation of rules: 10.4%
- Incarceration due to offenses in program: 8.3%
- Left on own against advice: 8.3%
- Referred to another program: 6.3%
- Death: 10.4%
Lessons Learned / Adjustments

- Initial “blast” enrollment
  - High and intense amount of client contact, referrals, management, etc.
  - Front line staff overwhelmed, high turnover
  - Make policies as the work unfolded

- Clients’ pasts lead to present day barriers:
  - Legal (warrants, criminal history)
  - Loss of personal items (ID, Birth certificate, phone, shoes)
  - What qualifies a person for CABHI, disqualifies a person for an apartment

- Funding for miscellaneous items

- Discharges
  - Stepdown to lower level of care
  - Remain engaged in one service (referral)