Nebraska Overdose Prevention Efforts

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Nebraska Drug Overdose Health Burden

- 2017: 183 people in Nebraska died of a drug overdose
  - At least 59 involved opioids
- 2016: 128 people in Nebraska died of a drug overdose
  - At least 38 involved opioids
- 2015: 149 people in Nebraska died of a drug overdose
  - At least 54 involved opioids
- *Nebraska*’s drug overdose death rate has increased over the last decade – deaths for every 100,000 people in 2017 up from 3.6 in 2004.
- The *U.S.* drug overdose death rate per 100,000 people was 19.8 in 2016 2004.
All Drug-related and Opioid-related Overdose Fatalities, Nebraska, 2006 - 2017

Data source: Nebraska Vital Records, 2006-2017
In 2016, 14.1% of all drug overdoses were identified as suicide or intentional with the majority identified as accidental or unintentional (81.3%). Males accounted for 56%, down from 61% in 2015. Individuals aged 55-64 had the highest rates of all age categories with 35-44 and 45-54 year olds trailing closely. In 2015, the highest age category rate was for 45-54 year olds.

Data source: Nebraska Vital Records, 2015-2016
Nebraska Prevention Efforts

- Naloxone
- Consumer Awareness & Education
- Prescriber & Pharmacist Education
- Prevention
- PDMP
- Improve Data Quality & Availability
- Improve Statewide Capacity to Respond


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PDMP


NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES
Naloxone

• What is naloxone?
  • Medication to rapidly **reverse opioid overdoses**

• How is it used?
  • Nasal spray (Most common)
  • Auto-injector
  • Syringe (professional training needed)
Accessing Naloxone

• Where to get naloxone?
  • Prescription from your medical provider
  • All pharmacies in Nebraska were sent a standing order
  • Contact the DHHS Division of Behavioral Health Regions for naloxone kits
OpiRescue Free Phone App

- **FREE resource for anyone**
  - Available via phone and OpiRescue.com

- **App features:**
  - How to recognize an overdose
  - Easy step-by-step instructions including photos to walk through a rescue
  - Where to find naloxone
  - Where to find treatment
  - Other resources
OpiRescue Free Phone App

LB 487 (2017) –

Protects a person who makes a good faith request for emergency medical assistance in response to a drug overdose of himself, herself, or another as soon as the drug overdose was apparent; Requesting person remain on the scene until medical assistance or law enforcement personnel arrive and cooperate with medical assistance and law enforcement personnel.
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- Improve Statewide Capacity to Respond
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Naloxone and Drug Overdose Awareness Campaign

- Began in June 2018
- Statewide radio spots playing currently
- Statewide television spots playing currently
- Messages include:
  - Naloxone access
  - Good Samaritan Law
  - OpiRescue App
  - Signs of an overdose

"IT'S LIKELY THAT EVERYBODY KNOWS SOMEBODY WHO IS STRUGGLING WITH THIS VERY PROBLEM."
-NOAH

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- Improve Statewide Capacity to Respond

Prevention

Improve Statewide Capacity to Respond

Improve Data Quality & Availability

Statewide Capacity to Respond to Overdoses

- Completing needs assessments with law enforcement, EMS, fire, and hospitals
- Develop both statewide and local crisis response plans for a surge/spike in drug overdoses
Nebraska Prevention Efforts

- Naloxone
- Preventive Measures
- Prescriber & Pharmacist Education
- Consumer Awareness & Education
- Improve Statewide Capacity to Respond
- PDMP
- Improve Data Quality & Availability

Improve Data Quality & Availability

- Multiple projects designed to improve data quality
- Focusing on improving the timeliness of data
- Releasing data and information in easy to understand formats
- Improving the accessibility of data
Nebraska Prevention Efforts

Naloxone

Prescriber & Pharmacist Education

Consumer Awareness & Education

Improve Statewide Capacity to Respond

PDMP

Improve Data Quality & Availability

Prescription Drug Monitoring Program (PDMP)

• Resource for prescribers and pharmacists
• Nebraska’s PDMP patient safety model
• Allow prescribers and pharmacists to monitor the care and treatment of their patients
• Alerts and information provided in system designed to inform and provide easy access to resources for medical providers

Nebraska Prevention Efforts

- Naloxone
- Consumer Awareness & Education
- Improve Statewide Capacity to Respond
- Improve Data Quality & Availability
- Prescriber & Pharmacist Education
- Prevention
- PDMP

Prescriber and Pharmacist Education

- Training and educational videos for prescribers and pharmacists:
  - PDMP
  - Pain Management Guidance Document
  - Treating patients with acute pain
  - Tapering opioids and benzodiazepines
  - The art of a difficult conversation
  - Naloxone education for prescribers
  - Naloxone education for pharmacists
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